

# June 2017 Daily Meal Service

519-660-1430

To cancel a meal call the office no later than 11 am the day before your meal delivery

Sunday Delivered on Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday Delivered on Friday
<b>Important Note:</b> We are closed Monday July 3rd for Canada Day, if you need a meal to cover the closure please call the office before Wednesday June 28th. 519-660-1430.				1 Teriyaki Chicken	2 Seared Cod with Lemon Zest	3 Turkey Shepherds Pie
4 Beef and Herb Lasagna	5 Roast Turkey	6 Sausages and Mashed Potato <hr/> Pulled Pork-NAS	7 Chicken Gumbo	8 Salisbury Steak	9 Italian Cod	10 Beef Stroganoff
11 Turkey A La King	12 Braised Beef with Mashed Potato	13 Coconut Chicken	14 Meatloaf	15 Baked Ham <hr/> Pork Loin-NAS	16 Baked Salmon	17 Lasagna
18 Grilled Chicken	19 Roast Beef	20 Pineapple Ginger Chicken	21 Dijon Pork Loin	22 Shepherds Pie	23 Seared Cod with Lemon Zest	24 Salisbury Steak
25 Chicken Pot Pie	26 Pulled Pork	27 Meatloaf	28 Pesto Chicken Pasta	29 Honey Glazed Meatballs	30 Seasonal Cold Plate (Chicken) <b>Do not heat</b>	<b>Sat. July 1</b> <hr/> Beef Stew  <b>Sun. July 2</b> BBQ Chicken Breast